

# CAPITAL AREA BABY CAFE

*Are you expecting & thinking about  
breastfeeding?*

*Are you breastfeeding and/or pumping?*

- FREE, in person lactation support
- Inclusive & welcoming environment
- Support people & children welcome
- Meet other parents
- Get support from an IBCLC
- Get your questions answered
- Snacks provided on Wednesdays
- Dinner provided on Thursdays

**EVERY WEDNESDAY 10AM-12PM  
1ST & 3RD THURSDAY 5:30PM-7PM  
AT PENNWAY CHURCH OF GOD  
1101 E CAVANAUGH RD, LANSING, MI 48910  
\*NO RELIGIOUS AFFILIATION**

## CONTACT US

[www.epobaby.org](http://www.epobaby.org)

[www.facebook.com/cababycafe](http://www.facebook.com/cababycafe)

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